ONE HUNDRED FOURTH ANNUAL OHIO FOOT AND ANKLE Virtual Scientific Scientific Seminar May 14-16, 2020

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SCIENTIFIC SEMINA

23 CONTACT CME HOURS

Presented by the Ohio Foot and Ankle Medical Foundation in conjunction with the Ohio Foot and Ankle Medical Association www.ohfama.org

Schedule at a Glance

Thursday, May 14, 2020	Course Title	Presenter(s)		
7:30 - 10:00 AM	Opioid Prescribing, Pain Management and Alternatives to Narcotics	Allen Jacobs, DPM; Karen Lynch, CNP; Gladstone McDowell, MD		
8:00 - 9:30 AM	Breakout Session: Improving Patient Care While Avoiding Physician Burnout; Necessary Changes to Succeed in Private Practice	Cindy Pezza, PMAC		
8:00 - 9:30 AM	Assistants Program Track Only: OSHA and HIPAA – How to Integrate OSHA and HIPAA Compliance Into Your Daily Routine	Michael Brody, DPM		
10:00 - 11:30 AM	Breakout Session: APMA Coding and Documentation – Including Telemedicine	Jeff Lehrman, DPM; Sarah Abshier, DPM		
10:30 - 11:30 AM	Wounds that Kill	Tracy Vlahovic, DPM		
11:30 AM - 1:00 PM	Lunch And Learn – Choose <u>one</u> educational presentation 1. Beyond Excision – A Biological Approach to Treat Uncontrolled Gout with Tophi	John Cozzarelli, DPM (Non-CECH – Ohio Category I)		
	2. Minimally Invasive Bone Graft Harvesting for Arthrodesis of the Foot and Ankle	James Marino, MD (Non-CECH – Ohio Category I)		
1:00 - 3:00 PM	Scientific Paper and Poster Competitions: Presentations from Podiatric Physician Residents in Ohio	Robert Brarens, DPM, Chair		
1:00 - 3:00 PM	Breakout Session: APMA Coding and Documentation Continued	Karen Kellogg, DPM; Jeff Lehrman, DPM; Sarah Abshier, DPM		
3:00 - 3:30 PM	BREAK—Virtual Exhibit Hall			
3:30 - 5:30 PM	PICA Risk Management Lecture: My Life is OVER!—The Anatomy of a Malpractice Case	Steven Shannon, DPM; Dominic DeLaurentis, Jr, Esq.		
3:30 - 5:30 PM	Assistants Program Track Only: Front and Back Office Staff Working Together toward a Common Goal: The Patient Experience and Treatment	Cindy Pezza, PMAC		
Friday, May 15, 2020	Course Title	Presenter(s)		
7:30 - 9:30 AM	The First Ray	Lawrence DiDomenico, DPM; Byron Hutchinson, DPM; Allen Jacobs, DPM; Adam Landsman, DPM; Mark Mendeszoon, DPM; Robert Mendicino, DPM; Barry Rosenblum, DPM		
7:30 - 9:30 AM	Breakout Session: Education Inside and Outside the Practice Walls Increases Positive Clinical Outcome	Cindy Pezza, PMAC		
9:30 - 10:00 AM	BREAK – Virtual Exhibit Hall			
10:00 - 11:30 PM	Non-Operative Algorithms and Post-Operative Therapy	Peter Post, MSPT; Jim Wilgus, DPT		
10:00 - 11:30 AM	Breakout 4-Part Session 1. E-mailing, Texting and Personal Devices 2. OSHA – The Blood Borne Pathogen Rule 3. Changes with HIPAA Rules Due to COVID-19 4. Telemedicine and Risk Management	Michael Brody, DPM		
11:30 AM - 1:00 PM	LUNCH – Exhibitor Marketplace – Virtual Exhibit Hall			
11:30 AM - 1:00 PM	WVPMA Membership Meeting			
1:00 - 3:00 PM	Achilles Tendon and Posterior Heel	Byron Hutchinson, DPM; Adam Landsman, DPM; Mark Mendeszoon, DPM; Barry Rosenblum, DPM; Brian Steginsky, DO; H. John Visser, DPM		
1:00 - 3:00 PM	Creating and Implementing Proven Treatment Protocols to Improve Efficient Patient Care and Diagnosis	Cindy Pezza, PMAC		
3:00 - 3:30 PM	BREAK – Virtual Exhibit Hall			
3:30 - 5:30 PM	A Comprehensive Review of Diabetes	Lawrence DiDomenico, DPM; John Grady, DPM; Allen Jacobs, DPM; Adam Landsman, DPM; Barry Rosenblum, DPM		
3:30 - 5:30 PM	Audit and Documentation Tips to Meet Guidelines for Podiatry	Mike Demi, RN, CHC, CPC, CPMA, CSFAC		
Saturday, May 16, 2020	Course Title	Presenter(s)		
7:30 - 9:30 AM	Flatfoot 2020	Richard Derner, DPM; John Grady, DPM; Byron Hutchinson, DPM; Allen Jacobs, DPM; Robert Mendicino, DPM; Brian Steginsky, DO; H. John Visser, DPM		
9:30 - 9:45 AM	BREAK – Virtual Exhibit Hall			
9:45 - 11:30 AM	The Ankle	Richard Derner, DPM; Lawrence DiDomenico, DPM; Byron Hutchinson, DPM; Robert Mendicino, DPM; Brian Steginsky, DO		
9:45 - 11:30 AM	Evaluation of the Vascular Status of the Podiatric Patient & Venous Evaluation of the Venous System of the Lower Limb and Foot	Mark Gazall, DO		
11:30 AM - 1:00 PM	Lunch And Learn – Choose <u>one</u> educational presentation 1. Financially Surviving the Current COVID-19 Lockdown	Michael Brody, DPM (Non-CECH)		
	2. Learning to Work ON Your Practice, Not Just IN It	Cindy Pezza, PMAC (Non-CECH)		
1:00 - 3:45 PM	Interesting Cases and/or Unusual Case Presentation	Richard Derner, DPM; Lawrence DiDomenico, DPM; John Grady, DPM; Byron Hutchinson, DPM; Allen Jacobs, DPM; Robert Mendicino, DPM; H. John Visser, DPM		



Dr. Lawrence DiDomenico Scientific Co-Chair



Dr. Robert Mendicino Scientific Co-Chair



Dr. Robert Brarens Resident Competitions Chair

The 104th Annual Seminar **PREMIER SPONSORS**





THE PODIATRY FOUNDATION



104TH ANNUAL OHIO FOOT AND ANKLE **Virtual Scientific**

Mission Statement for The Annual Ohio Foot and Ankle Virtual Scientific Seminar

Seminar

The OFAMF's and OHFAMA's educational mission is to purposefully advance the art and science of podiatric medicine by providing the highest quality of didactic and clinical learning experiences to OH and WV members, non-members, and their medical assistants, and shall include a variety of instructional sessions aimed at significantly enhancing patient care, treatment protocols and practice efficiency. The program may include interactive educational adult learning methods and principles utilizing lectures, panel discussions, point-counterpoint, excuse the interruption forums, case studies, question and answer, handouts, audio visual materials (including media or narrations), hands-on workshops and roundtable discussions with moderators to achieve a well-rounded venue of postgraduate instruction. (ADOPTED APRIL 2017)

KEY GOAL

To achieve 23 Hours of CME Category I in evidenced based podiatric medicine for professional development.

OBJECTIVES

Upon conclusion of the Annual Seminar, podiatric physicians will be able to:

- be knowledgeably informed or recall information regarding podiatric conditions, maladies or circumstances relating to the practice of medicine and podiatry
- extrapolate by comprehension, understanding or perception the insight gained via lecture and discussion relating to the practice of medicine and podiatry
- formulate or infer by application case relevance relating to the practice of medicine and podiatry
- distinguish by analysis the appropriate modalities in the treatment, care and protocols of current trends, application and practices of medicine in podiatry
- generalize, synthesize, or deduce by classification ways to develop treatment protocols based on current literature and evidenced based medicine
- compare, contrast and *evaluate* judgment values for those ideas presented between medical and surgical applications

Welcome!

The One Hundred Fourth Annual Scientific Seminar

May 14-16, 2020



Welcome to The 104th Annual Ohio Foot and Ankle Virtual Scientific Seminar

Virtual Attendance

A confirmation email will be sent following receipt of your registration. Registrants will attend the seminar virtually, that will give the registrant the ability to watch the seminar from their home or office. Registrants will sign into the session that they prefer at the start time and complete an evaluation at the end. Each session will be streamed so physicians may earn up to 23 CECH for the seminar depending on what is attended.

The seminar *will not be* recorded, and registrants will need to participate during the live presentations in order to receive continuing education credit. Each registrant will have unique login credentials to verify what sessions are attended for credit to be awarded. Registrants must sign in to each session using the login information that will be sent in early May.

Nondiscrimination

No person shall be denied registration or participation in any continuing education program provided by this Association for reasons of race, religion, sex, national origin or physical ability. This program is ADA Compliant. Please notify our staff when registering if you require special accommodation for training or attendance at (614) 457-6269.

Virtual Exhibit Hall

The virtual exhibit hall will be open Monday, May 11, 2020 - Saturday May 16, 2020, 9:00 am - 5:00 pm. Attendees will receive a link to the virtual exhibit hall web page and may contact exhibitors directly through live chat boxes. Company show specials and e-mails will be distributed prior to the seminar and during the seminar. During the seminar break times, attendees are encouraged to tune in for company commercials that will highlight the company's supporting the seminar in the virtual exhibit hall.

Registration

You must sign for your Annual seminar packet at the conference Registration desk. Total CME credit **23 contact hours**

Thursday Hours 9.5 total hours. Include 1.5 hours for Lunch and Learn (only if attending).

Friday Hours 7.5 total hours.

Saturday Hours

6.5 total hours. Saturday Lunch presentation is non-CECH.

Cancellations

A \$50 administration fee will be charged. Cancellations must be received in writing to OFAMF/OHFAMA prior to May 5, 2020. No refunds for cancellations will be honored after that date.

Online Registration

Register online at www. ohfama.org; FAX at (614) 457-3375; or mail to: 104th Annual Foot and Ankle Scientific Seminar, 1960 Bethel Rd., Ste. 140, Columbus, OH 43220-1815. Make check payable to OFAMF (Ohio Foot and Ankle Medical Foundation). *Registration late fees will begin on May 12, 2020.*

Changes to Lectures or Schedules

We reserve the right to adjust or change any lecture or schedule due to unforeseen scheduling conflicts, registration, or as otherwise deemed necessary. Note: There are limited spaces for selected events; registrations are on a first-come, first-served basis.

CPME and CME Credit

This Seminar has been accredited by the Ohio Foot and Ankle Medical Foundation as an approved sponsor by the Council on Podiatric Medical Education as well as the OFAMF Continuing Medical Education Accreditation Committee (the certifying agency in Ohio for podiatry). CPME and CME credit is established at 23 total contact hours for the State Medical Board of Ohio. Hours are calculated by individuals signing into sessions using the registrants email address and personal log in information. Please note: Registration and payment do not automatically result in the issuance of continuing education contact hours. The registrant must login to each session during the live presentation using their assigned login information. Login information will be e-mailed in early May.

Audience

The intended audience for The Annual Seminar is physicians, resident physicians, students of podiatric medicine, and podiatric assistants. For physicians and students the skill, knowledge or experience is equated with their scholarship, license limitations or practice area. Presentations are postgraduate physician level. Our virtual platform will allow participants the opportunity to question the faculty or offer comments to the program content. Continuing education hours are based on clock hours. This program has been validated for 23 contact hours and CME hours in Ohio.

PICA

PICA policyholders who attend the PICA risk management lecture at the 2020 Annual Foot and Ankle Scientific Seminar are eligible to earn up to a 15% premium discount on their insurance renewal.

Staff Contact and CME Validation or Certificates

Luci Ridolfo, CAE

OFAMF Executive Director Phone: (614) 457-6269 Email: Iridolfo@ohfama.org OFAMF maintains responsibility for the programming selection.

Disclosure

Each speaker is required to disclose the existence of any financial and/or other relationships (i.e., employee, consultant, speaker's bureau, grant recipient, research support) she or he might have with (a) manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or (b) the commercial contributor(s) of the activity. Any such conflict will be announced by the speaker immediately preceding the lecture

2020 Faculty

Sarah Abshier, DPM

Dr. Abshier is in a private practice in Columbus Ohio and is a board-certified wound care specialist. She is currently the 2nd vice president at OHFAMA and acts as a current direc-tor of the OHFAMA Foundation. She is an article reviewer for JAPMA. She has been a speaker and panelist on numerous webinars related to coding and billing and has multiple publica-tions on proper coding and billing. She has also served as an expert on a wound care patent case. She currently serves on the APMA Coding Committee and in February of 2020 was an APMA Representative at the AMA CPT Editorial Panel

Robert Brarens, DPM, FACFAS

Dr. Brarens is in private practice in the Cincinnati area. He is the residency director at Jewish Hospital Kenwood and the current president of the Southern Ohio Academy of Podiatry. Dr. Brarens had the privilege of attending the St. Vincent Charity Hospital 36mo Surgical Residency Training program under the directorship of Dr. Gerard V. Yu, FACFAS.

Michael Brody, DPM

Dr. Brody is in private practice in New York and teaches at the residency program at the VA hospital in Northport, NY. He works with the Certification Commission for Health Information Technology (CCHIT), the US Technical Advisory Group to the International Standards Organization for Health Information Technology, Integrating the Healthcare Enterprise.

John Cozzarelli, DPM

Dr. Cozzarelli graduated from Long Island University, Arnold Marie Schwartz College of Pharmacy in Brooklyn, New York in 1982 with a Bachelor's of Science in Pharmacy. He became a reg istered pharmacist in 1982 and was employed by Columbus Hospital in Newark, New Jersey. He then entered and graduated the New York College of Podiatric Medicine in 1987 earning his Doctor of Podiatric Medicine degree. He then completed residency training at the New York College of Podiatric Medicine and Affiliated Hospitals and Institutions in New York City. Dr. Cozzarelli then became Board Certified in Podiatric Surgery in 1991, by the American Board of Podiatric Surgery. He has also recertified in foot surgery in 2000.

Dominic DeLaurentis, Jr., Esquire

Mr. DeLaurentis graduated from Denison University and Delaware Law School. He began his career in Philadelphia specializing in the defense of medical negligence cases. His entire career focus has been as an advocate for the health care profession. He is certified by the Supreme Court of New Jersey as a Civil Trial Attorney and has been appointed by the Supreme Court to its Model Civil Jury Charges Committee. Dominic shares his knowledge in seminars and lectures for physicians groups, insurance companies and ICLE.

Michael Demi , RN, CHC, CPC, CPMA, CSFAC

Mr. Demi is a senior consultant with Medical Compliance Associates, Inc., a Jacksonville, Florida based medical billing, coding, and documentation consulting firm. He has worked with health care providers in many specialties in all areas of representation concerning civil, criminal, and administrative hearing and trial preparation, and is qualified as an expert witness for Medicaid, Medicare regulations and health care fraud and abuse. Mike is a Registered Nurse, a Certified Professional Coder (CPC), a Certified Medi-cal Auditor (CPMA), and a Certified Surgical Foot and Ankle Coder (CS-FAC) through the American Academy of Professional Coders. Mike is also certified in Healthcare Compliance (CHC) through the Health Care Compliance Association. He is a member of the American Association of Critical Care Nurses and the Association of Certified Fraud Examiners.

Richard Derner, DPM

Dr. Derner earned his podiatric medical degree from the Ohio College of Podiatric Medicine in Cleveland, Ohio. He completed his podiatric surgical residency at the Doctors Hospital in Denver, Colorado and fellowship in traumatology in Ravensburg, Germany. Dr. Derner is in private practice at Lake Ridge Foot and Ankle Center/Stafford Foot and Ankle Center in Virginia. He is board certified in both foot surgery and reconstructive rearfoot and ankle surgery by the American Board of Podiatric Surgery.

Lawrence DiDomenico, DPM

Dr. DiDomenico is in private practice in Youngstown. He is an adjunct professor at the Kent State University College of Podiatric Medicine. The Director of Reconstructive Rearfoot and Ankle Surgical Fellowship and the Director of Residency Training at Northside Hos-pital. He is well published and serves as the 2020 Scientific Co-chair of The Annual Foot and Ankle Scientific Seminar.

John Grady, DPM

Dr. Grady graduated from the Illinois College of Podiatric Medicine and completed his residency at Youngstown Osteopathic Hospital. He is chief of podiatry and director of the podiatric surgical residency program at the VA Chicago Healthcare. He is board certified by the American Board of Foot and Ankle Surgery, the American Board of Podiatric Orthopedics and Primary Podiatric Medicine, and the American Academy of Wound Management.

Bvron Hutchinson, DPM

Dr. Hutchinson is a board-certified podiatrist specializing in reconstructive foot and ankle surgery. His practice includes treatment of various mis-alignment problems in the foot and ankle, as well as surgery for lower limb deformities or complex structural de-formities of the foot and ankle. He has interest in treating patients with Charcot deformity, failed ankle fusions, chronic ankle instability and many other conditions.

Allen Jacobs, DPM

Dr. Jacobs is a graduate of the Penn-sylvania College of Podiatric Medicine and is in private practice in St. Louis, MO. He is a Diplomate of the NBPE and the ABPS. Dr. Jacobs is a nation-ally recognized podiatric speaker and is a thought leader in chronic disease states, surgical methods and is well published.

Karren Kellogg, DPM

Dr. Kellogg is a graduate of OCPM, and completed her residency in podiatric surgery at Dunlap Hospital in Orrville, Ohio. Dr. Kellogg spent 12 years in private practice in Fairlawn, Ohio. She currently practices at the Cleveland VA Medical Center Ravenna outpatient clinic. Dr. Kellogg earned an MBA from Kent State University in 2018. Dr. Kellogg is a Past President of OHFAMA. a member of the OHFAMA Board of Trustees, OFAMF Board of Directors and an APMA Delegate. She also is the Chair of the KSUCPM Advisory Board.

Adam Landsman, DPM, PhD

Dr. Landsman is the Assistant Pro-fessor of Surgery at Harvard Medical School. Dr. Landsman holds a PhD and MS in Bioengineering from the Univer-sity of Pennsylvania, DPM in Podiatric Medicine and Surgery from the Temple University, Pennsylvania College of Podiatric Medicine in which he was the first simultaneous dual degree (DPM/ PhD) student in the history of podiatric medical education. Dr. Landsman also holds a BS in Chemical Engineering and English Literature from the Univer sity of Virginia.

Jeffrey Lehrman, DPM

Dr. Lehrman, recently named one of America's Most Influential Podiatrists, is in private practice in Fort Collins CO. He is a Diplomate of the American Board of Foot and Ankle Surgery, Fel-low of the American Society of Podiatric Surgeons, and is recognized as a "Master" by the American Profes-sional Wound Care Association. He is a Fellow of the American Academy of Podiatric Practice Management and an Expert Panelist on Codingline. Dr. Leh-rman is a Certified Professional Coder and in his role as a Consultant to the APMA Health Policy and Practice De-partment, he serves as an advisor to the APMA Coding Committee and the APMA MACRA Task Force. Dr. Lehrman sits on the board of directors of both the American Professional Wound Care Association and the American Society of Podiatric Surgeons. He is an adjunct clinical professor at Temple University School of Podiatric Medicine. Dr. Leh rman is also on the editorial advisory board of the journal WOUNDS and is a consulting editor for Podiatry Management magazine.

Karen Lynch, CNP

Ms. Lynch holds a certification in pain management nursing and has worked in the specialty of pain management at Grant Medical Center since 2004 providing a hospital wide consult service in acute pain management of complex patients. She is also skilled in managing acute pain patients with addiction background both with active opioid use disorders or those that are currently in recovery. She provides multimodal pain management which also includes non-pharmalogical measures. Karen actively participates in the education of podiatry resi-dents and the Grant Family practice residents by providing individual guid-ance and experiences with acute pain management for complex hospitalized patients.

James Marino, MD

Dr. Marino is an orthopedic surgeon and recognized innovator of minimally invasive surgery. In 1997, Dr. Marino founded NuVasive (NASDAQ: NUVA) where he invented and developed highly disruptive spinal technology and procedures that recognized commercial success and created a new surgical approach known today as Minimally Invasive Spine Surgery (MISS). Since founding Trinity Orthopedics in 2004, Dr. Marino has continued to develop and commercialize solutions designed to improve surgical efficiency,

reduce procedural costs, and improve patient outcomes.

Mark Mendeszoon, DPM

Dr. Mendeszoon is a senior partner at Precision Orthopaedic Specialties in Chardon, Ohio and is the co-owner of Achilles Running Shop in Ohio and PA. He is an instructor of surgery at KSUCPM and Chief of Podiatry at Geauga Medical Center. He is team physician for several high schools in Geauga County and consultant to multiple universities and the Spire Institute. In addition to treating athletes of all levels including professionals and Olympians, he is the Director of the Maple Leaf Track Club.

Robert Mendicino, DPM

Dr. Mendicino is board certified in foot surgery and rearfoot and ankle reconstructive surgery. He received his podiatric medical degree from Rosalind Franklin University of Medicine and Science, Scholl College of Podiatric Medicine. He has decades of experience in ankle replacement and reconstruction, he also specializes in arthroscopy of the ankle, deformity correction, foot and ankle surgery and limb salvage. He serves as the Scientific Co-chair of the 2018 Annual Foot and Ankle Scientific Seminar.

Gladstone McDowell, MD Dr. McDowell is the Medical Director of Integrated Pain Solutions in Columbus, Ohio and graduated from medi-cal school at the University of Texas Health Science Center. He completed his Residency in Anesthesiology at the University of Colorado and a Urologic Oncology Fellowship at UT in Houston. He performed a Pain Management Fellowship at the OSU Pain Control Center.

Cindy Pezza, PMAC

Cindy began her career in the field of podiatry more than 16 years ago. Since the launch of her consulting firm Pinnacle Practice Achievement in 2011, she has effectively utilized her experience and expertise in promoting the highest quality patient care, improved office efficiencies, increased practice revenue and creating a posi-tive work environment for doctors and team members through the development of structured systems and protocols.

Peter Post, MSPT

Peter Post is an accomplished member of the Novacare clinical and management teams with more than 20 years of rehabilitation expertise to his credit. He specializes in spinal conditions, endurance athlete injuries, running assessment and bike fitting as well as treating a myriad of orthopedic injuries and conditions both pre and post-sur-gical. Peter's focus is on helping each of his patients understand the reasons why they became injured and how their actions can either correct or perpetuate the issues causing their dysfunc-tion. He is passionate about getting each person back to their pre-injury level of function and is highly skilled in helping patients achieve their goals.

Barry Rosenblum, DPM

Dr. Rosenblum is a board-certified foot and ankle surgeon and practices in Boston. He is the Assistant Professor of Surgery at Beth Israel Deaconess Medical Center. He graduated from the Dr. William M. Scholl College of Podiatric Medicine, Chicago, IL and completed his residency at Beth Israel Deaconess Medical Center, His professional interests are in diabetic foot wounds, and Charcot neuroarthropathy.

Steven Shannon, DPM Dr. Shannon is faculty member at Penn-Presbyterian Medical Center's Podiatric Surgical residency program. He received his BS in Biology from Villanova University, and then attended Temple University School of Podiatric Medicine in Philadelphia, graduating with honors in 2000. He then completed a four-year residency in podiatric reconstructive foot and ankle surgery at Penn-Presbyterian Medical Center. In 2004, Dr. Shannon joined Ankle & Foot Medical Centers of the Delaware Valley and also became an attending physician serving the resi-dency program from which he graduated at Penn-Presbyterian. He is Board Certified by the American Board of Podiatric Surgery. He is also a member of the American Podiatric Medical Association, the Pennsylvania Podiatric Medical Association, and is a Fellow of the American College of Foot and Ankle Surgeons. Dr. Shannon's particular interests include reconstructive and traumatological foot and ankle surgery, comprehensive diabetic wound care, and sports medicine.

Brian Steginsky, DO Dr. Steginsky graduated from Ohio University Heritage College of Osteopathic Medicine Athens in 2012 and has been in practice for 7 years. He completed a residency at Doctors Hospital. He currently practices at Ohio Health Orthopaedic Surgeons and is affiliated with Grant Medical Center.

H. John Visser, DPM

Dr. Visser graduated from OCPM and is the Director of Residency Training in Podiatric Surgery for DePaul SSM Health Center. Dr. Visser is a past president of the Missouri Podiatric Medical Association. Dr. Visser has been Director of Residency Training in Podiatric Surgery at Mineral Area Regional Medical Center since 1985.

Tracey Vlahovic, DPM

Dr. Vlahovic is a Clinical Professor and graduated from Yale University with a BS in Molecular Biophysics and Biochemistry and received her medical degree from TUSPM. She was the first podiatrist in the US to complete a fellowship in podiatric dermatology under the supervision of Stephen Schleicher, MD. She is board certified in foot surgery by the ABPS and has authored several articles in peer-reviewed journals.

Jim Wilgus, DPT

Dr. Wilgus has practiced in an outpa tient Orthopedic setting since 1995 and received his Doctor of Physical Therapy Degree in 2007. While prac-ticing, he developed special interests in biomechanics and the treatment of foot and ankle and spinal dysfunctions. He began casting for custom orthotics during this time and has devel-oped interests in video assisted gait analysis as well as manual therapy. Since 1998 he has been collaborating with a specialized orthopedic foot and ankle group to develop and enhance the complete team model of foot and ankle care throughout the OhioHealth system.

Physicians Program

Thursday, May 14, 2020

7:30 - 10:00 AM

Allen Jacobs, DPM; Karen Lynch, CNP; Gladstone McDowell, MD **Opioid Prescribing, Pain** management and Alternatives to Narcotics

Objective: Attendees will be able to learn how to manage patients with pain conditions. The session will review topical and anti-inflammatory medications to manage pain. The session will discuss chronic pain in lower extremity's, acute pain and opioids.

8:00 - 9:30 AM Cindy Pezza, PMAC Breakout Session - Improving Patient Care While Avoiding Physician Burnout; Necessary Changes to Succeed in Private Practice

Objective: Another decade is upon us and with it brings new opportunities both personally and professionally. The question is - Do we continue to prove the definition of insanity or do we embark on a journey towards growth and positive change? We will focus on how realistic goal setting, managing stressors and how avoiding burnout impacts overall practice growth, while continuously improving patient care.

10:00 - 11:30 AM

Jeff Lehrman, DPM; Sarah Abshier, DPM

Breakout Session - APMA Coding and Documentation

Objective: Attendees will discuss new coding and compliance protocols for telemedicine, and review how to keep your practice procedures up to date. This interactive session will cover many important topics including coding for amputations, ulcer classifications and coding including the updated ICD-10 codes.



9:30 - 10:30 AM | BREAK Visit Virtual Exhibit Hall

10:30 - 11:30 AM Tracy Vlahovic, DPM Wounds that Kill

Objective: This session will discuss malignant transformation of lower extremity wounds. Attendees will understand best management of inflammatory wound, and the differential diagnoses and biopsy of leg wounds.

APMA has designated an unrestricted educational grant from Bako Diagnostics to support this program.



11:30 - 1:00 PM | LUNCH AND Learn

John Cozzarelli, DPM (Non CECH - Ohio Category I) **Beyond Excision - A Biological** Approach to Treat Uncontrolled Gout with Tophi

Objective: Attendees will recognize that there is more to gout than just the pain of the episodic flares. The session will discuss how tophi can cause bone erosions, which can occur without symptomatic pain. Discussion will include how to recognize unrolled gout and learn about a pharmacologic option to treat these patients.

James Marino, MD (Non CECH – Ohio Category I) Minimally Invasive Bone Graft Harvesting for Arthrodesis of the Foot and Ankle Objectives: Augment your

osseous procedures with the Gold Standard. Learn how to rapidly procure compressed, cancellous bone graft percutaneously from the tibia and calcaneus using a minimally invasive, single-patient use trephine. The session includes a sawbones demonstration of harvesting from the distal tibia and calcaneus with the Corex MIS Bone Harvester followed by a brief literature review and discussion addressing common misconceptions associated with autograft and donor site morbidity

1:00 - 3:00 PM Robert Brarens, DPM - Chair Scientific Paper and Poster **Competitions: Presentations from** Podiatric Physician Residents in Ohio

Objective: Compare the presentations of five surgical or diagnostic cases by podiatric physician residents. Finalists will present their papers. Following the paper presentations, the five finalists from the poster competition will present their research.



1:00 - 3:00 PM Karen Kellogg, DPM; Jeff Lehrman, DPM; Sarah Abshier, DPM Breakout Session – APMA Coding

and Documentation Objective: Attendees will discuss the administration of a flu shot and updates for Ohio podiatric practices. The session will include discussion on coding for plantar plate repair and review of all major E&M changes that will be taking effect January 1, 2021.



3:00 - 3:30 PM | BREAK Visit Virtual Exhibit Hall

3:30 - 5:30 PM PICA Risk Management Lecture Steven Shannon, DPM; Dominic DeLaurentis, Jr., Esquire My Life is OVER! - The Anatomy of a Malpractice Case

Objective: This session will discuss the impact of a lawsuit that exceeds your professional liability insurance. Discussion will include a real world case with a fellow podiatrist that took the case to trial to defend his care. The presentation will compare why some cases can be taken to trial as opposed to settling them before or during mediation. The session will provide an understanding of the different components of a professional liability case and how they may be handled. Discussion will include the impact a lawsuit can have on the physician, the practice, partners, family and staff.



Friday, May 15, 2020

7:30 - 9:30 AM

Lawrence DiDomenico, DPM; Byron Hutchinson, DPM; Allen Jacobs, DPM; Adam Landsman, DPM; Mark Mendeszoon, DPM; Robert Mendicino, DPM; Barry Rosenblum, DPM The First Ray

Objective: The session will review current trends, surgery and techniques for the first ray. Discussion will review the Akins procedure and if PASA/DASA is real and still being corrected. Presentations will include information on distal metaphyseal osteotomies, Cheilectomies, surgical experiences with implants and revisions, and modified Lapidus. Attendees will review pre-op testing, surgical decision making and how to perform the surgical procedures.

7:30 - 9:30 AM Cindy Pezza, PMAC Education Inside and Outside the Practice Walls Increases Positive **Clinical Outcome**

Objective: Have you ever had a long-time patient who cancels a few appointments and when she finally presents for her nail debridement. tells you that she spent the last two months in a brace after twisting her ankle? Or, after starting a new marketing campaign, and keeping closer track of referral sources as well as reason for visit, found that some of your referring providers send you ONLY diabetic foot care? Unfortunately, these are not uncommon scenarios as podiatry is amongst the most misunderstood specialties. This session will provide the tools required to educate your patients, referring providers, and community on the valuable treatments and services available in the convenience of

your office. We will also discuss the importance of training team members to fully understand your scope of practice and to be an even more integral part of providing comprehensive care to a wide variety of patients and their conditions while increasing positive clinical outcomes.

9:30 - 10:00 AM | BREAK Visit Virtual Exhibit Hall

10:00 - 11:30 AM Peter Post, MSPT; Jim Wilgus, DPT Non-Operative Algorithms and **Post-Operative Therapy**

Objective: The session will discuss physical therapy management of plantar heel pain, and Achilles Tendonitis from a therapist's perspective. The session will discuss post-operative management of Achilles repair and edema in the complex patient.

10:00 - 11:30 AM Michael Brody, DPM **Breakout 4-Part Sessions** 1. E-mailing, Texting and **Personal Devices**

Objective: This session will discuss the risks associated with communicating with patients via e-mail and text. Attendees will understand the steps to take should a patient send communications via e-mail or text. At the conclusion of the session attendees will understand the risks related to using personal devices at the practice.

2. OSHA - The Blood Borne Pathogen Rule Objective: Attendees will

discuss and understand what a blood borne pathogen is. The session will discuss policies and protocols that need to be in place at your practice to protect you from a blood borne pathogen. Attendees will understand the steps to take should you or a member of the practice become exposed to a blood borne pathogen. 3. Changes with HIPAA Rules Due

to COVID-19

Objective: The session will discuss the HIPAA changes due to COVID-19 impacts what you can share with the public, and with patient family members. Attendees will understand other ways that COVID-19 impacts how you comply with HIPAA Regulations. 4. Telemedicine and Risk

Management

Objective: The session will discuss how to utilize and document Telemedicine visits in a manner that ensures quality care and reduces risk. At the conclusion of this session attendees will be able to use Telehealth Technology and document telemedicine in an optimal manner.

11:30 - 1:00 PM | LUNCH Exhibitor's Marketplace Virtual Exhibit Hall Company Commercials will Play During Lunch Break

1:00 - 3:00 PM

Byron Hutchinson, DPM; Adam Landsman, DPM; Mark Mendeszoon, DPM; Barry Rosenblum, DPM; Brian Steginsky, DO; H. John Visser, DPM Achilles Tendon and Posterior Heel Objective: Attendees will discuss non-operative treatment and revisions for complications with acute ruptures, minimally invasive and percutaneous Achilles repair, chronic Achilles ruptures, and open Achilles repair. The session will include discussion on retrocalcaneal spurs and tendinosis, and review anchors, augmentations and biologics in Achilles surgery. Attendees will review options for patients with chronic Achilles tendonitis or tendinosis and treatment options.

1:00 - 3:00 PM Cindy Pezza, PMAC Creating and Implementing Proven Treatment Protocols to **Improve Efficient Patient Care** and Diagnosis

Objective: With so many changes in healthcare, physicians often find themselves treating a higher volume of patients in order to 'keep up." Treating more and more patients however, often has negative effects, leading to decreased quality of care and increased stress levels. No matter how the healthcare climate changes, quality over quantity is always best in terms of providing comprehensive care and developing lasting relationships with patients who will continue to trust you with their foot and ankle needs for years to come. The best way to achieve this level of care is through the development and implementation of structured, evidence-based treatment protocols. In this session we will share protocol examples which shall serve as the inspiration required to put pen to paper and return to your office with new plans in place!

3:00 - 3:30 PM | BREAK Visit Virtual Exhibit Hall

3:30 - 5:30 PM

Lawrence DiDomenico, DPM; John Grady, DPM; Allen Jacobs, DPM; Adam Landsman, DPM; Barry Rosenblum, DPM

A Comprehensive Review of Diabetes

Objective: The session will review the expectations of what is acceptable for a medically optimized diabetic patient for reconstructive surgery. The session will discuss whether amputation is mandated and/or necessary for digital and lesser metatarsal osteomyelitis, posterior muscle lengthening. Presentations will include review of midfoot Charcot reconstruction with osteomyelitis, and hindfoot ankle Charcot reconstruction with osteomyelitis. The session will discuss the option for nerve decompression and benefits for diabetic patients. **3:30 – 5:30 PM**

Mike Demi, RN, CHC, CPC, CPMA, CSFAC, Medical Compliance Associates

Audit and Documentation Tips to

Meet Guidelines for Podiatry Objective: Podiatrists are facing increasing challenges each year resulting in pre and post payment audits, reviews, suspensions, and revokes. In this presentation we will discuss the details of which services are being audited and why (including proper documentation to support visit level). We will also delve into common errors that are causing doctors to unnecessarily pay back insurers, lose their Medicare number for years and unfortunately realize negative consequences.

Saturday, May 16, 2020

7:30 - 9:30 AM

Richard Derner, DPM; John Grady, DPM; Byron Hutchinson, DPM; Allen Jacobs, DPM; Robert Mendicino, DPM; Brian Steginsky, DO H. John Visser, DPM Fiatfoot 2020 Objective: Attendees will be able to learn diagnosis and treatment

to learn diagnosis and treatment options for flatfoot conditions. Discussion will include evaluation and non-operative treatment options.

9:30 - 9:45 AM | BREAK

9:45 - 11:30 AM

Richard Derner, DPM; Lawrence DiDomenico, DPM; Byron Hutchinson, DPM; Robert Mendicino, DPM; Brian Steginsky, DO **The Ankle**

Objective: Attendees will review and discuss OCD's small and large, arthrodesis, and the importance of ligaments and foot balancing. Presentations will include ankle arthrotomy and clean up, primary TAR and TAR revision. The session will review the differential diagnosis, review the pre-op work-up and testing, and surgical techniques for each topic.

9:45 – 11:30 AM Mark Gazall. DO

 Evaluation of the Vascular Status of the Podiatric Patient Objective: The session will review which patients need to be evaluated, and methods of evaluation of the vascular status of the limb. The session will review vascular ultrasound of the lower limb and discuss how to choose a vascular surgeon.

Venous Evaluation of the Venous System of the Lower Limb and Foot

Objective: The session will review the differential diagnosis of limb and foot swelling. Attendees will discuss how to assess limb and foot swelling, and how Venous Ultrasound may assist with differential diagnosis of limb swelling. The session will review when a patient has Lymphedema, and discuss treatment paradigms for the swollen lower limb.

11:30 – 1:00 PM | LUNCH AND LEARN Select one of the two sessions

below: Michael Brody, DPM (Non-CECH) Financially Surviving the Current COVID-19 lockdown Objective: The session will cover the process of applying for the Small Business Association Loans including the Payroll Protection Program, the EIDL, and other loans as well as applying for the Medicare

Cindy Pezza, PMAC (Non-CECH)

Learning to Work ON Your Practice, Not Just IN It Objective: Do you feel as if you have lost control of your practice?

Advance Payment Program.

Do you find yourself running on a virtual hamster wheel of increasing overhead, decreasing reimbursement, staffing problems and not enough hours in the day? The struggle is real...but, instead of throwing up your hands or purposely misplacing the can opener (you know, for the can of worms you are afraid to open), take a deep breath, assess the damage and do the hardest thing you'll ever do. . . Ask for help. As the rules of practicing medicine continue to change, DPMs are finding it challenging to stay afloat and even more difficult to build and maintain a successful practice. Join us as we dissect and discuss commonly experienced "issues," demonstrating that no matter the size, age or location of your practice, "You are Not Alone." The key is recognizing the need for change and improvement. understanding the effort involved, and knowing there is help right at your fingertips.

1:00 - 3:45 PM

Richard Derner, DPM; Lawrence DiDomenico, DPM; John Grady, DPM; Byron Hutchinson, DPM; Allen Jacobs, DPM; Robert Mendicino, DPM; H. John Visser, DPM Interesting Cases and/or Unusual Case Presentation

Objective: Attendees will be able to learn diagnosis and treatment options for interesting and unusual cases for patients who suffer from conditions affecting their foot, ankle and lower lee.

Gerard V. Yu, DPM Scientific Paper Competition

"Dr. Gerard Yu's life was a living testament to embody the highest standards and principles of both professional and personal conduct, while achieving nationally the highest standards of medical and surgical proficiency with an ongoing and continual dedication to excellence."



From Dr. Bruce Blank, Past President of OHFAMA and a former student of Dr. Yu.

The Gerard V. Yu, DPM Scientific Paper Competition will be held on Thursday, May 14, 2020. This is an opportunity for active resident members of the Ohio Foot and Ankle Medical Association to showcase their talent and hard work in the presentation of their research.

The 2020 OFAMF Abstract Poster Competition

The OFAMF Abstract Poster Competition will be displayed in the Virtual Exhibit Hall for attendees to review Case Studies and Scientific Studies submitted by resident members. This additional competition format further represents Dr. Yu's life's work in education and his personal belief in excellence in presentation format.

Watch the Competitions Finalists Present on Thursday, May 14th during the virtual seminar.



American College of Foot and Ankle Surgeons®

GREAT LAKES REGION



2019 Resident Paper Competition Finalists and Chairman



2019 Resident Poster Competition Finalists and Chairman

Virtual Assistants Program

The One Hundred Fourth Annual Scientific Seminar

May 14-16, 2020



14.5 Hours CE Approved by the American Society of Podiatric Medical Assistants (ASPMA)

THURSDAY MAY 14, 2020

8:00- 9:30 AM Michael Brody, DPM OSHA and HIPAA - How to Integrate OSHA and HIPAA Compliance Into Your Daily Routine

Objective: The session will review how to understand universal precautions and how to follow them at your practice. Attendees will learn how to protect patient rights during your daily work routine.

9:30 - 10:00 AM | Break

10:00 - 11:30 AM Jeff Lehrman, DPM and Sarah Abshier, DPM

Coding and Documentation Objective: Attendees will discuss new coding and compliance protocols for telemedicine, and review how to keep your practice procedures up to date. This interactive session will cover many important topics including coding for amputations, ulcer classifications and coding including the updated ICD-10 codes.

11:30 - 1:00 PM | Lunch Break

1:00 - 3:00 PM

Jeff Lehrman, DPM and Sarah Abshier, DPM Coding and Documentation Continued

Objective: Attendees will discuss the administration of a flu shot and updates for Ohio podiatric practices. The session will include discussion on coding for plantar plate repair and review of all major E&M changes that will be taking effect January 1, 2021.

3:00 - 3:30 PM | Break

3:30 - 5:30 PM Cindy Pezza, PMAC Front and Back Office Staff Working Together toward a Common Goal: The Patient Experience and Treatment Objective: We've all heard the phrase, "The grass is always

greener." In podiatry practices there is often a "made in the shade" misconception between front office (administrative) and back office (clinical) team members. This session will provide detailed insight into to the integral role that each team member plays in creating a healthy work environment as well as a space where patients can be assured of receiving the highest quality of care. Topics will include tips for behind the scenes insurance verification to facilitate patient care, scheduling and supporting the needs of physicians and patients in the treatment room as well as the impact working together as a TEAM has on the patient experience and treatment

FRIDAY MAY 15, 2020

7:30 - 9:30 AM Cindy Pezza, PMAC Education Inside and Outside the Practice Walls Increases Positive Clinical Outcome

Objective: Have you ever had a long-time patient who cancels a few appointments and when she finally presents for her nail debridement. tells you that she spent the last two months in a brace after twisting her ankle? Or, after starting a new marketing campaign, and keeping closer track of referral sources as well as reason for visit, found that some of your referring providers send you ONLY diabetic foot care? Unfortunately, these are not uncommon scenarios as podiatry is amongst the most misunderstood specialties. This session will provide the tools required to educate your patients, referring providers, and community on the valuable treatments and services available in the convenience of your office. We will also discuss the importance of training team members to fully understand your scope of practice and to be an even more integral part of providing comprehensive care to a wide variety of patients and their conditions while increasing positive clinical outcomes.

9:30 - 10:00 AM | Break

10:00 - 11:30 AM Michael Brody, DPM 1. E-mailing, Texting and

Personal Devices Objective: This session will discuss the risks associated with communicating with patients via e-mail and text. Attendees will understand the steps to take should a patient send communications via e-mail or text. At the conclusion of the session attendees will understand the risks related to using personal devices at the practice.

2. OSHA - The Blood Borne Pathogen Rule

Objective: Attendees will discuss and understand what a blood borne pathogen is. The session will discuss policies and protocols that need to be in place at your practice to protect you from a blood borne pathogen. Attendees will understand the steps to take should you or a member of the practice become exposed to a blood borne pathogen.

3. Changes with HIPAA Rules Due to COVID-19

Objective: The session will discuss the HIPAA changes due to COVID-19 impacts what you can share with the public, and with patient family members. Attendees will understand other ways that COVID-19 impacts how you comply with HIPAA Regulations.

4. Telemedicine and Risk Management

Objective: The session will discuss how to utilize and document Telemedicine visits in a manner that ensures quality care and reduces risk. At the conclusion of this session attendees will be able to use Telehealth Technology and document telemedicine in an optimal manner.

11:30 - 1:00 PM | Exhibitor Marketplace

Virtual Exhibit Hall Company Commercials will Play During Lunch Break

1:00 - 3:00 PM Cindy Pezza, PMAC Creating and Implementing Proven Treatment Protocols to Improve Efficient Patient Care and Diagnosis

Objective: With so many changes in healthcare, physicians often find themselves treating a higher volume of patients in order to "keep up." Treating more and more patients however, often has negative effects, leading to decreased quality of care and increased stress levels. No matter how the healthcare climate changes, quality over quantity is always best in terms of providing comprehensive care and developing lasting relationships with patients who will continue to trust you with their foot and ankle needs for years to come. The best way to achieve this level of care is through the development and implementation of structured, evidence-based treatment protocols. In this session we will share protocol examples which shall serve as the inspiration required to put pen to paper and return to your office with new plans in place!

3:00 - 3:30 PM | Break

3:30 - 5:30 PM

Mike Demi, Medical Compliance Associates Audit and Documentation Tips to Meet Guidelines for Podiatry Objective: Podiatrists are facing increasing challenges each year resulting in pre and post payment audits, reviews, suspensions, and revokes. In this presentation we will discuss the details of which services are being audited and why (including proper documentation to support visit level). We will also delve into common errors that are causing doctors to unnecessarily pay back insurers. lose their Medicare number for years and unfortunately realize negative consequences.

	Assis	tant	t R	egi	strati	ion F	Drm		
	Please note that this is a <i>Virtual Seminar ONLY.</i>								
	Each session will be streamed so assistants may earn up to 14.5 CE Hours for the seminar depending on what is attended. Complete virtual seminar details will be sent in early May with instructions on how to login.								
Thursday May 14, 2020	ASSISTANTS Program May 14, 2020 8:00 AM - 5:30 PM								
Friday May 15, 2020	ASSISTANTS Program May 15, 2020 7:30 AM - 5:30 PM								
	Early Bird Special postmarked before April 21			Postmarked after April 22 — May 11**					
	Early Bird Thursday Only	Early Bird Friday Only	Thu	Early Bird rsday & Friday	*After April 22 Thursday Only	*After April 22 Friday Only	*After April 22 Thursday & Friday		
OHFAMA or WVPMA Member Assistant	\$85.00	\$85.00	[\$160.00	\$110.00	\$110.00	\$185.00		
OHFAMA Non-Member Assistant	\$145.00	\$145.00	[\$280.00	\$170.00	\$170.00	\$305.00		
	**Regular Registratio	n rates end on Ma	ay 11. Af	ter May 11, <u>the</u>	re will be a \$50 late l	Registration Fee.			
The contact information should contain the email address where you wish to receive confirmation. Registrations will not be processed without payment. Use a separate form for each registrant.									
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NAME ON CARD	AUTHORIZED SIGNATURE				
BILLING ADDRESS FOR CREDIT CARD:	CITY	STATE	ZIP		

Mail to: The Annual Seminar 1960 Bethel Road, Suite 140 Columbus, OH 43220-1815

Fax to 614.457.3375 for credit card only. Or register online at www.ohfama.org

Physician Registration Form

	Please note that this	is a <u>Virtual S</u>	Seminal	ONLY.			
	Each session will be a depending on what is May with instructions	attended. Co	omplete				
THURSDAY (Check ALL that apply) May 14, 2020	 Thursday Morning - 7:30 AM - 11:30 AM 7:30 - 10:00 AM - Opioid Prescribing, Pain Management and Alternatives to Narcotics 8:00 - 9:30 AM - Improving Patient Care While Avoiding Physician Burnout; Necessary Changes to Succeed in Private Practice 10:00 - 11:30 AM - APMA Breakout Session: Coding and Documentation 10:30 - 11:30 AM - Wounds that Kill Thursday Early Afternoon - 1:00 PM - 3:00 PM Please select Resident Paper Competition APMA Breakout Session: Coding and Documentation (Continued) Thursday Late Afternoon PICA LECTURE - 3:30 PM - 5:30 PM 						
FRIDAY (Check ALL that apply) May 15, 2020	 Friday Morning – 7:30 AM - 11:30 AM Please select – 7:30 - 9:30 AM The First Ray Education Inside & Outside the Practice Walls Increases Positive Clinical Outcome Please select – 10:00 - 11:30 AM Non-Operative Algorithms and Post-Operative Therapy Emailing, Texting and Personal Devices; OSHA; and Fraud, Waste and Abuse Yes, I will view the Friday Exhibitor Marketplace Commercials. Friday Early Afternoon 1:00 PM - 3:00 PM Please select Achilles Tendon and Posterior Heel Creating and Implementing Proven Treatment Protocols to Improve Efficient Patient Care and Diagnosis Friday Late Afternoon 3:30 PM - 5:30 PM Please select A Comprehensive Review of Diabetes Audit and Documentation Tips to Meet Guidelines for Podiatry 						
SATURDAY (Check ALL that apply) May 16, 2020	Saturday Morning – (Check ALL that apply.) Please select – 7:30 – 9:30 AM Flatfoot 2020						
						— May 11*	
	Ea	rly Bird		After April 22			
OHFAMA or WVPMA Member		\$230.00			\$300.00		
Student/Resident/LIFE MEMBER APMA Member		\$50.00			\$50.00		
Non-Ohio State		\$315.00		\$365.00			
Non-Member DPM	\$475.00			\$550.00			
Guest/Spouse		\$50.00			\$50.00		
	*Regular Registration rates er	nd on May 11. Afte	er May 11,	there will be a \$50 late	Registration Fee.		
<u></u>	The contact information should contain the e-mail address where you wish to receive confirmation. Registrations will not be processed without payment. Use a separate form for each registrant.						
	FIRST NAME	MI	LAST NA	1E		DEGREE	
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	I WILL BE PAYING BY: MY REGISTRATION COST IS Check or Money Order (please make your check payable to OFAMF) Credit Card PAYMENT METHOD: MY REGISTRATION COST IS						
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	Mail to: The Annual Seminar 1960 Bethel Road, Suite 140			Fax to 6	14.457.3375 for credit	card only.	

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